

General Safety Information

⚠ WARNING

- To avoid serious injuries:

If the below warnings are not followed, your shoes may not be released from the binding or may be unexpectedly or accidentally released, resulting in capsizing and/or injury.

- These shoes are intended exclusively for rowing. Use these shoes in combination with the SRD binding system. In addition, these shoes cannot be installed in conventional stretchers. Do not use them for any other purpose.
- Three sizes of SRD foot stretchers are available. Be sure to check whether the size of the shoes is compatible by referring to Table 1.
If used in combinations other than those specified in Table 1, the shoes may not be properly released from the binding or the rower may be injured.
- Before use, be sure to fully understand the method of engaging/releasing shoes into/from SRD foot stretchers.
- Use only Shimano genuine cleats (SM-KS60) and attach them securely to the shoes. Periodically retighten as needed.
- The heel height of KS-R610 is different from that of KS-R600. (Figure 1) If necessary, replace the heel plate of the SRD foot stretcher with the heel plate of the KS-R610 or KS-R700.
- Adjust the step-in position adjustment bolts firmly according to the procedures. (For the adjustment method, refer to the Technical Service Instructions of the SRD foot stretcher.)
- Adjust the release force of the binding to the appropriate level before launching. (For the adjustment method, refer to the Technical Service Instructions of the SRD foot stretcher.)
- In the beginning, practice engaging the cleats in the binding and releasing them from it repeatedly to get your feet used to it.
- Remove mud stuck on the cleats and binding to maintain original engaging and releasing performance.
- Be sure to check the cleats for wear periodically. If the cleats are worn, replace them. Adjust the release force of the binding before launching. Continuing to use the boat without replacing the cleats may prevent the shoes from being released from the binding or cause the shoes to be released unexpectedly, resulting in capsizing or injury.
- Be sure to confirm that you can engage and release the cleats into/from the binding before launching.
- KS-R610 is not suitable for walking. Be very careful on wet or smooth surfaces, where it is particularly likely that slipping will occur which could lead to serious injury from falling over.
- Refer to the Technical Service Instructions of the SRD foot stretcher as well.
- Be sure to read the Technical Service Instructions and follow them prior to installing the parts. It is recommended that only Shimano genuine replacement parts be used.

- Use the included cleat mounting bolts and cleat adapter to attach cleats. If other bolts are used to attach the cleats, it could result in damage to the cleat attachment area.
- Loose or damaged parts may cause the boat to capsize suddenly or the rider to be injured.
- Do not use with the cleats or cleat mount removed.
- Read these Technical Service Instructions carefully, and keep them in a safe place for later reference.

NOTE:

- The soles are made of a special material. Do not subject them to protruding objects or strong impacts.
- As shoes get old, sole sections may peel off due to deterioration of the adhesive because of aging. Before use, check that the sole area is not peeling off. If there is peeling, do not use the shoes.
- Do not use a washing machine or drying machine to maintain the shoes.
- Do not dry the shoes by blowing hot air from a dryer on them. Air dry them in the shade.
- Do not leave the shoes in places where the temperature may increase to 50°C or more. Such temperatures may cause the shoes to be deformed.
- Do not leave the shoes wet after use. Wipe off any dirt and moisture on the product with a dry cloth.
- Parts are not guaranteed against natural wear or deterioration resulting from normal use.
- Check that there is no looseness in any tightened sections of the cleats before embarking.

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KS-R610

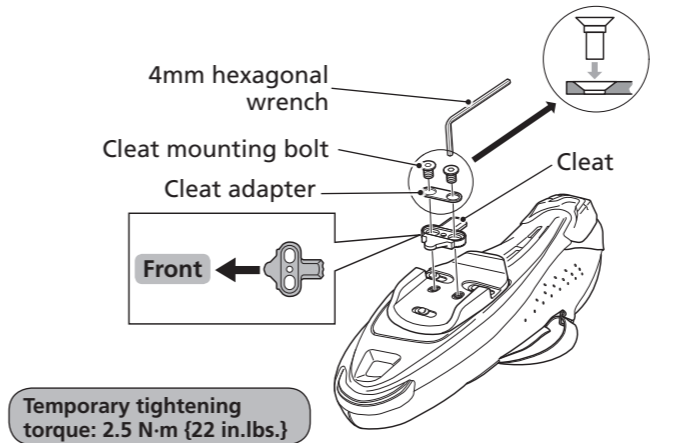
SRD Shoes

Technical Service Instructions

Attaching cleats

* At the time of shipment, cleat mounts are already attached.

1. Position the cleat and cleat adapter in order, insert the cleat mounting bolts, and tighten temporarily. Cleats are the same for the right and left shoes.



- * Position the triangular portion of the cleat toward the front of the shoe.
- * Cleat mounting bolts are shorter than those for the KS-R600 and KS-R700.

2. Adjusting the cleat position

- (1) Adjust the cleat position properly so that the right and left clearances between the cleat and rubber are uniform (**a** = **b**).
- (2) After determining the cleat position, attach the cleats securely to the shoes by tightening the cleat mounting bolts with the 4mm hexagonal wrench.



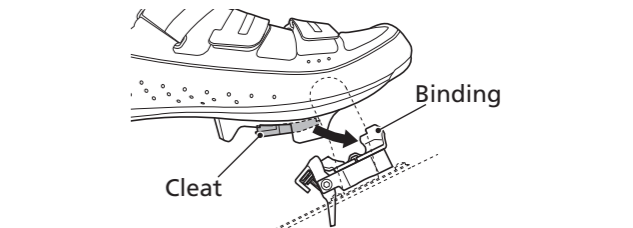
Cleat replacement

Cleats wear out over time and should be replaced periodically. Cleats should be replaced with new ones early if it becomes difficult for shoes to be released, or shoes start to be released with much less effort than at an earlier stage.

Engaging and releasing shoes into/from the SRD foot stretchers

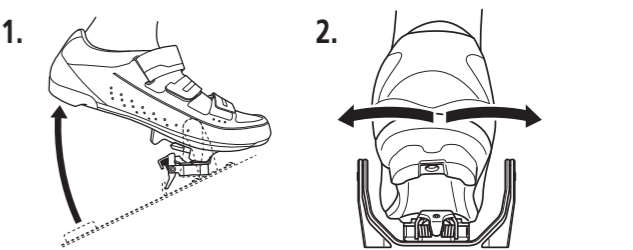
Engaging method

Press the cleat into the binding of the SRD foot stretcher from a diagonally-backward direction.



Releasing method

1. Pulling up the heel upward will cause the cleat to be released from the binding.
2. The cleats can be released from their binding by turning your heel strongly either left or right.

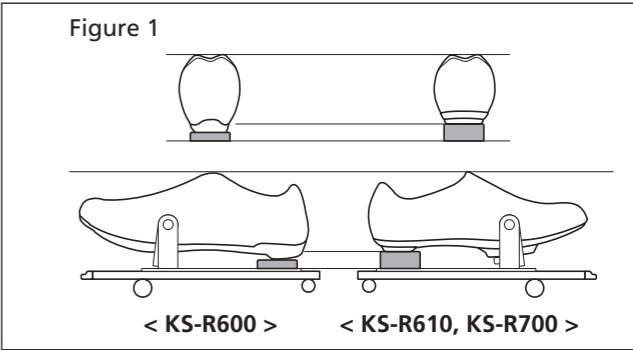


The releasing method differs depending on the model of the stretcher. It is necessary to practice the cleat-release method repeatedly so your feet become accustomed to it.

Table 1. Compatibility between type of SRD foot stretcher and size of shoes

SRD foot stretcher	L (Light)	M (Middle)	H (Heavy)
Size of shoe	#36 - #44	#40 - #48	#44 - #52

Since foot size varies between individuals, the size shown for the shoe is only for reference.



SHIMANO

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* Service Instructions in further languages are available at :
<http://www.shimano.com>

Please note: Specifications are subject to change for improvement without notice. (English)
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